

# BREAKFAST

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Available between 9am and 12pm

## **Crunchy granola**

With Greek-style natural yoghurt & berries.

**£2.95**

## **Porridge**

Chocolate & cinnamon

Honey, cream & nutmeg

Banana & raisin

**£2.85**

## **Antenna breakfast sandwich**

Free-range egg, local bacon & grilled tomato on a rustic roll.

**£3.95**

## **Antenna vegetarian breakfast sandwich**

Free-range egg, portobello mushroom & grilled tomato on a rustic roll.

**£3.45**

# LUNCH

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Available between 12pm and 5pm

## **Grilled halloumi sandwich**

Served with homemade chilli jam and rocket on toasted ciabatta.

**£5.45**

## **Posh fish finger sandwich**

Fish fingers, baby gem lettuce & tartar sauce served on thick doorstep bloomer.

**£6.45**

## **Cajun-spiced chicken ciabatta**

With baby gem lettuce and zesty lemon mayonnaise.

**£4.95**

## **Antipasti sandwich**

Parma Ham, Salami, roasted red pepper, pesto & rocket on a toasted ciabatta

**£5.25**

## **ADD A SIDE... £1.95**

Skinny chips

Garden salad

Sweet potato fries

Suitable for vegetarians

Gluten free options are available, ask at the bar